



# Year-end brochure

## The 2018-2019 School Year

Dear partners and donors,

I am proud to share with you our year-end summary of 'Nevet' activities during the 2018-2019 school year. This year was characterized, among other things, by an extension of our activities to additional cities and by reaching new populations.

Over the past two years we have worked on conducting a first-of-its-kind study, in collaboration with "Mashav Applied research". The purpose of the study was to evaluate the effects the "sandwich for every child" program has in terms of different aspects, such as: decreasing school and class absences, decreasing violent incidents, improving academic achievements, decreasing in substance abuse (Ritalin and smoking), heightened ability to concentrate at school and more.

Due to our daily involvement in this work, we understand and recognize the crucial influence the program has on the children we help. But the scope and magnitude of the influence as portrayed by the results of the study surprised even us. It gave us encouragement to continue our work. I invite you to view the results of the study as summarized in this brochure.

I am also happy to inform you that "Nevet" has joined the "Round-up" family! Your small change can make a huge difference for our kids and allow us to reach additional children.

I invite you to join the family of those "rounding-up" for Nevet - each month you can donate a sandwich to a child in need.

In conclusion, let me share with you the words of one of our school principles: "Nevet provides the students a safe foundation, creates a bond and a connection between the school and the children and gives a warm, homey feeling. This all maximizes the abilities of the students and allows them to realize their potential".

I am grateful and appreciative of your partnership and the support you provide us and hope to continue working together for many years to come.

Yours,  
Rotem Yosef  
Nevet CEO



### Nevet by numbers

This year we distributed over

**1,200,000**  
sandwiches

At **132** schools in **50** different cities  
and towns around the country





# Main findings of the study

Conducted with around 400 principals, educational advisors and homeroom teachers in schools all over Israel.



**Ritalin**  
A  
▼ **12%**

decrease in the number of students using Ritalin

**Violence**

A  
▼ **56%**

decrease in physical and verbal violence

**Loitering**  
A  
▼ **45%**

decrease in the number of students absent from class and loitering

**Concentration**

A  
▲ **94%**

increase in the ability of students to concentrate on their school work

**Academic achievements**

A  
▲ **79%**

improvement in academic achievements

**Smoking**

A  
▼ **22%**

drop in the number of students who smoke

**The Social fabric**

AN  
▲ **84%**

improvement in the social atmosphere in the classroom and the bond between the homeroom teacher and the students

**School absences**

A  
▼ **40%**

decrease in the number of students absent from school

## The results of the study prove beyond a shadow of a doubt that:

- ▶ The breakfasts provided through the program have the power to reduce school absences, thus reducing the drop-out rate and all the implications it has for the students dropping out and society in general (a significant military service, higher education and employment options)
- ▶ The breakfasts provided by the program have the power to improve concentration and the students' commitment and seriousness regarding success in their schoolwork, which effects both cognitive performance and academic achievements.

The study was conducted in collaboration with "Mashav Applied research".